Take PrEP once a day to prevent HIV.

What is PrEP?
PrEP, or pre-exposure prophylaxis, is a daily pill to help keep you HIV-negative. When taken as prescribed, PrEP is highly effective. PrEP is safe and generally well tolerated. Most insurance plans cover it and uninsured individuals can also get PrEP.

PrEP works for women, men, people of transgender experience, people of all sexual orientations and gender identities, youth, and people who inject drugs.

PrEP is available by prescription from a medical provider. If you are insured/uninsured and need help with PrEP related costs, there are assistance programs in California that may help.

Visit PleasePrePMe.org to learn more.

PleasePrePMe.org can help YOU get PrEP.